

CLARE ACTIVE KIDS, HEALTHY KIDS FUND

Project name: _____
 Organization: _____
 Contact person: _____
 Mailing address: _____
 _____ Postal code: _____
 Telephone: _____ Fax: _____

Please answer the following questions in paragraph or point form:

1. Please describe your project: _____

2. What is the expected outcome or goal of the project? _____

3. Who will participate? (# of people and age) _____
4. What type of activities and where will these activities occur? _____

5. How will you measure the project's success? _____

6. When would your project start and end? Start _____ End _____

PROJECTED BUDGET

ITEM	DESCRIPTION	COST
	Total cost of program:	
	Less estimated revenues from other sources :	
	Total amount requested :	

I certify that the information supplied in this application is, to the best of my knowledge, exact and complete, and that the project has received approval of the organization I represent.

I agree to report back to the members of the Clare Department of Community Development / Clare Community Health Board with a written report of the results regarding the activity of which they granted me financial assistance.

_____ (Date)
 _____ (Signature)

MAIL TO: Recreation Manager
 Municipality of Clare
 P.O. Box 458, Little Brook (N.S.) B0W 1Z0
 Telephone: (902) 769-3655
 Fax : (902) 769-3713
 Email : recreation@municipality.clare.ns.ca



CLARE ACTIVE KIDS, HEALTHY KIDS FUND



WHAT IS THE CLARE ACTIVE KIDS, HEALTHY KIDS FUND?

- The Valley Active Communities Committee in conjunction with the Clare Department of Community Development and the Clare Community Health Board has made funds available to the community to support local groups and organizations to improve health and physical activity levels of children and youth.
- The goal of the fund is to encourage and support the community in the development of innovative, non-traditional, creative physical activity initiatives, which enable youth and their families to lead physically active lifestyles.

**NO PROJECT IS TOO SMALL!
BE CREATIVE!
NEED HELP WITH YOUR IDEA?
CONTACT THE DEPARTMENT OF COMMUNITY
DEVELOPMENT AT
902-769-3655.**

The fund is a partnership of:

- Valley Active Communities Committee
- Clare Department of Community Development
- Clare Community Health Board

CRITERIA

The priority will be on helping inactive children and youth to become more active.

Successful projects should:

- Be directed to youth and involve the important principles of physical activity (i.e. 60 minutes of activity per day, help to increase heart health, flexibility, muscular strength, endurance and coordination, etc.)
- Increase the ability of the group or the community to provide ongoing physical activity opportunities and leadership.
- Be able to record / report the process of the project.
- Show your organization or group needs funding support.
- Involve youth in the planning and leadership of the program.
- Provide either structured or unstructured opportunity for youth to participate in physical activity.
- Include fair play and safe play principles.
- Focus on daily activities at home, at school and/or in your community and build on what is currently offered by community groups and organizations.

RecreationMatters

PROJECT EXAMPLES

- Skipping Club.
- Before or after school activities.
- New recreation youth sports: indoor/outdoor volleyball, shinny hockey, flag football, boxing, ultimate Frisbee.

- Outdoor clubs: snowshoeing, cycling, skiing, hiking, canoeing or sports camps.
- Girls in Motion & Youth Fitness Programs.
- Arts and/or cultural camps with a physical activity component.

APPLICATION PROCEDURES

1. Application may be received at any time throughout the fiscal year.
2. All applicants shall be informed in writing of the decision regarding their application.
3. The municipality and the Clare Community Health Board reserve the right to publish the names of successful applications.
4. Successful applicants must fill out an evaluation form once the project has been completed.

HOW TO APPLY?

Send your completed application to:

Active Kinds, Healthy Kids Fund

Clare Department of Community Development
P.O. Box 458, Little Brook, N.S. B0W 1Z0
Telephone: (902) 769-3655
Fax : (902) 769-3713
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